

# **PIVOT PHASES**

## **Compliance Phase**

### **Phase 1 (A minimum of 60 days)**

- Attend status review hearings at least weekly
- Home visits from your probation officer as determined by the treatment team
- Meet with your probation officer as directed and based on need
- Meet with your case manager a minimum of once per week
- Report for substance abuse testing a minimum of two times per week, or as directed
- Comply with all recommendations from your substance abuse and/or mental health treatment providers
- Secure safe, stable, and sober housing
- Obtain insurance and proper medical and dental providers
- Review short term and long-term goals with case manager
- Begin to change high risk people, places, and things
- Secure transportation and/or plans for transportation to and from treatment
- Abide by curfew of 9:30pm, unless otherwise directed
- Maintain a minimum of 20 consecutive days of sobriety leading up to phase advancement

## **Engagement Phase**

### **Phase 2 (A minimum of 90 days)**

- Attend status review hearings at least weekly
- Home visits from your probation officer as determined by the treatment team
- Meet with your probation officer as directed and based on need
- Meet with your case manager as directed
- Report for substance abuse testing a minimum of two times per week, or as directed
- Continue to comply with all recommendations from your substance abuse and/or mental health treatment providers
- Maintain safe, stable, and sober housing
- Maintain insurance and proper medical and dental care
- Begin to address financial needs/obligations with your case manager
- Continue to change high risk people, places, and things

- Begin to address employment and education needs
- Have a family/support meeting with 1 positive person and case manager
- Abide by curfew of 10:00 pm, unless otherwise directed
- Maintain a minimum of 30 consecutive days of sobriety leading up to phase advancement
- Attend at least 2 recovery support group meetings each week and show proof of attendance to case manager weekly

### **Growth Phase**

#### **Phase 3 (A minimum of 90 days)**

- Attend status review hearings once every 2 weeks
- Home visits from your probation officer as determined by the treatment team
- Meet with your probation officer as directed and based on need
- Meet with your case manager as directed
- Report for substance abuse testing a minimum of two times per week, or as directed
- Continue to comply with all recommendations from your substance abuse and/or mental health treatment providers
- Engage in at least 1 prosocial/positive activity once every 2 weeks
- Begin to develop a positive social network
- Show reduction in criminal thinking
- Attend at least 2 recovery support group meetings each week and show proof of attendance to case manager weekly
- Maintain safe, stable, and sober housing
- Continue proper medical and dental care
- Continue to address financial, education and employment needs
- Continue to change high risk people, places, and things
- Abide by curfew of 10:30pm, unless otherwise directed
- Maintain a minimum of 45 consecutive days of sobriety leading up to phase advancement

### **Development Phase**

#### **Phase 4 (A minimum of 90 days)**

- Attend status review hearings at least monthly, unless otherwise directed
- Home visits from your probation officer as determined by the treatment team

- Meet with your probation officer as directed and based on need
- Meet with your case manager monthly, unless otherwise directed
- Report for substance abuse testing a minimum of two times per week, or as directed
- Continue to comply with all recommendations from your substance abuse and/or mental health treatment providers
- Engage in at least 1 prosocial/positive activity once every 2 weeks
- Begin to develop a positive sober/social network
- Show reduction in criminal thinking
- Attend at least 1 recovery support group meeting each week and show proof of attendance to case manager weekly
- Develop and share a relapse prevention plan
- Maintain safe, stable, and sober housing
- Continue proper medical and dental care
- Continue to address financial, education and employment needs
- Develop a sober network
- Abide by curfew of 11:00pm, unless otherwise directed
- Maintain a minimum of 60 consecutive days of sobriety leading up to phase advancement

### **Maintenance Phase**

#### **Phase 5 (A minimum of 90 days)**

- Attend status review hearings at least monthly, unless otherwise directed
- Home visits from your probation officer as determined by the treatment team
- Meet with your probation officer as directed and based on need
- Meet with your case manager at least monthly
- Report for substance abuse testing a minimum of two times per week, or as directed
- Continue to comply with all recommendations from your substance abuse and/or mental health treatment providers, including goals
- Engage in at least 2 prosocial/positive activities each month
- Develop and complete a community engagement project before graduation
- Maintain a positive/sober social network

- Attend at least 1 recovery support group meeting each week and show proof of attendance to case manager
- Abide by curfew of 11:30pm, unless otherwise directed
- Maintain a minimum of 90 consecutive days of sobriety leading up to graduation
- Obtain GED or diploma prior to graduation
- Show proof of verifiable employment prior to graduation